



# 2011-12 MEN'S & WOMEN'S



# CROSS COUNTRY



## GENERAL FACTS:

Institution: Spring Hill College  
City/State/Zip: Mobile, AL 36608  
Founded: 1830  
Enrollment: 1,504  
Nickname: Badgers  
School Colors: Purple, white  
Home Facility: Arthur R. Outlaw Recreation Center  
Capacity: 2,000  
Affiliation: NAIA  
Conference: Southern States Athletic  
Division: West  
President: Rev. Richard P. Salmi, S.J.  
Athletic Director: Jim Hall  
Alma Mater: Grinnell College, 1995  
Faculty Athletic Representative: David Dean, Ph.D.  
Athletic Department Phone: 251-380-3485  
Athletic Department Fax: 251-460-2196  
Sports Information Director: Jim Stennett  
Alma Mater: Mississippi State, 1990  
SID Phone: (251) 380-4468  
SID Email: [jstennett@shc.edu](mailto:jstennett@shc.edu)  
Athletics Web Site: [www.shcbadgers.com](http://www.shcbadgers.com)  
Facebook: SHCAthletics  
Twitter: SHCBADGERS

## COACHING STAFF:

Head Coach: Joe H. Williams  
Alma Mater (Year): Central State University, 1979  
Record at school/years: 1-12 (men); 1-12 (women)/3rd year  
Career record/years: 1-12 (men); 1-12 (women)/3rd year  
Office Phone: (251) 380-4464  
Email: [jowilliams@shc.edu](mailto:jowilliams@shc.edu)  
Volunteer Assistant Coach: Angelo Harris/3rd year  
Athletic Trainer: Jake Jefcoat, ATC  
Office Phone: 251-380-3493

## MEN'S TEAM INFORMATION:

2010 SSAC Finish: 5th out of 10 teams  
No. of runners returning/lost/new: 7/3/7

## WOMEN'S TEAM INFORMATION:

2010 SSAC Finish: 4th of 11 teams  
No. of runners returning/lost/new: 8/6/5

## SPRING HILL COLLEGE

Mobile, Alabama

Spring Hill College is ranked once again in the top 20 Southern universities and colleges, according to the 2012 edition of U.S. News & World Report's "America's Best Colleges."

Spring Hill is ranked 17th among the Southern colleges and universities offering a full range of undergraduate majors and master's programs. The U.S. News rankings are based on several quality measures including academic reputation, graduation and retention rates, faculty resources, student selectivity, peer assessment and graduation rate performance. Colleges and universities are listed in various categories depending on their size, location and other factors.

The college is ranked 10th among only 15 schools listed in the South's "Great Schools, Great Prices" category, colleges that offer quality academic programs, affordable tuition and significant financial aid.

Spring Hill College is also listed in the region's "A-Plus Schools for B Students" category, campuses where B students thrive in an engaged student body.

Forbes Magazine also ranks Spring Hill among its "America's Best Colleges" with SHC ranked No. 32 in the nation among similar institutions.

Forbes also ranks Spring Hill among the "Best Colleges in the South" and among the top 25 percent of the "Best Private Colleges" nationwide according to Forbes.



# HEAD COACH



**JOE WILLIAMS** of Mobile is in his third season as head coach of the Spring Hill College Men's & Women's Cross Country teams. He previously served as the Director of Physical Education at St. Luke's Episcopal School in Mobile where he also coached track, volleyball and soccer. While at St. Luke's, he

played an instrumental role in establishing cross country as a CMSAA sport and organized the school's first track club.

From 2004 to 2008, Williams was an assistant track coach at McGill-Toolen Catholic High School where he also served as the junior varsity track coach. He was an Activities Therapist with Mobile Mental Health from 1993 to 1999, and prior to that career, he was an assistant track coach at the University of South Alabama in 1986-87 where he worked primarily with sprinters, hurdlers and jumpers.

Williams holds a BS in Biology from Central State University in Edmund, Okla., and an MS in Physical Education from Northwest Missouri State University in Maryville, Mo. He ran both track and cross country at CSU. Upon graduation, he began his coaching career as a graduate assistant in Track & Field at NMSU in 1981.

# ASSISTANT COACH



**ANGELO HARRIS** is in his third season as a volunteer assistant coach with the men's and women's cross country teams.

ON THE COVER:  
Senior Class of 2012

PHOTOS BY:  
Seth Laubinger

# PREVIEW 2011

The Spring Hill College Cross Country teams made a smooth transition into the Southern States Athletic Conference (SSAC) in 2010 by finishing fourth in their respective conference meets, but Head Coach Joe Williams is ready for the Badgers to take another step in their move up the ranks of NAIA runners. "Both teams are improved over last year," he says. "But more important, we come into the season healthy. We fought nagging injuries throughout the 2010 season and that limited what we could do each week as far as practice and improving."

Senior Kate Imwalle from Mobile's McGill-Toolen Catholic High School returns to the women's team stronger than her previous seasons after hitting the weights this summer and is prepared to make a fourth consecutive trip to the NAIA National Championships. This year she hopes to have company in Vancouver, Wash. "Our women's team goal is making the Nationals," Williams says. "Our top five runners are better and we have the talent to make it. Our race this year will be against the clock. The SSAC is filled with talented teams for us to compete against, but our race this year will be against the clock. I believe beating the National qualifying time and finishing in the top three at the Conference Meet is a realistic goal for this team."

The women's team has an experienced roster that features a core of seven upperclassmen and a talented group of freshman. "Right now, we have to stay healthy and focus on the slowly increasing our mileage as we improve each day," says Williams. "We have good morale and a great work ethic that should pay off in November."

Spring Hill's men's team has seen big changes since the end of 2010. Five freshmen could all challenge to place in the top seven Badger finishers. "We have a talented group of runners this time, but our inexperience might hinder us early in the season," says Williams. "Our goal this year is for our top two runners to reach the Nationals and to have the team to peak at the Conference Meet and challenge for a top three placing."

Senior Will Kirkikis of Kenner, La., will be joined by a freshmen "Fab Five" consisting of his brother Conner Kirkikis, Ben Fleming of Metairie, La., Ben Redman from Spanish Fort, Ala., Michael Anderson of Marietta, Ga., and John Russell of Cullman, Ala., as Williams top six runners in 2011. "Everybody is healthy and they look strong," says Williams. "We are very young, but sometimes that can be a good thing."



# MEN'S TEAM



Michael Anderson  
FR.



Brandon Arquette  
SR.



Fritz Boudreaux III  
SO.



Christian Boyer  
SR.



Ben Fleming  
FR.



Kiearstan Carter  
JR.



Alex Davis  
SR.



Ashley Derenbecker  
SR.



Kate Imwalle  
SR.



Meghan Kacic  
SR.



Danielle Phillips  
FR.



Kaitlin Saacks  
FR.

## 2010 RESULTS

### Men's Results

**Sept. 11 – Radisson Hotel Wolfpack Classic hosted by Loyola University (La.) at Lafreniere Park, Metairie, Louisiana (5,000 meters).** Team: Spring Hill College, 2nd of 7 teams (47 points).  
**Individuals:** (53 runners) 4, Will Kirkikis 17:41.23; 8, Brennan Gaffney 18:19.32; 9, Thomas Kinsey 18:24.50; 17, Brandon Arquette 18:55.08; 18, Eric Mooney 18:58.22; 23, Christian Boyer 19:24.67; 24, Fritz Boudreaux 19:31.83.

**Sept. 18 – Azalea City Classic hosted by the University of South Alabama at Gulf Pines in Mobile, Alabama (5,000 meters).** Team: Spring Hill College, 4th of 6 teams (114 points).  
**Individuals:** (54 runners) 25, Will Kirkikis 17:30.29; 29, Thomas Kinsey 18:06.43; 30, Brennan Gaffney 18:21.87; 32, Brandon Arquette 18:41.07; 33, Eric Mooney 18:44.09; 38, Fritz Boudreaux 19:15.45; 45, Christian Boyer 21:15.06.

**Sept. 25 – Gulf Coast Stampede hosted by the University of West Florida at Escambia Co. Equestrian Center, Pensacola, Florida (8,000 meters).** Team: Spring Hill College, 5th of 10 teams (127 points).  
**Individuals:** (76 runners) 13, Will Kirkikis 28:29.00; 27, Thomas Kinsey 29:44.00; 34, Brennan Gaffney 30:06.00; 44, Fritz Boudreaux 31:28.00; 47, Christian Boyer 31:46.00; 51, Eric Mooney 32:05.00; 57, Brandon Arquette 32:43.00.

**Oct. 8 – Watson Ford Invitational hosted by Mississippi College at Choctaw Trails, Clinton, Mississippi (8,000 meters).** Team: Spring Hill College, 6th of 10 teams (159 points).  
**Individuals:** (74 runners) 17, Will Kirkikis 28:13.14; 31, Thomas Kinsey 29:35.11; 33, Brennan Gaffney 29:56.00; 45, Christian Boyer 31:17.53; 56, Fritz Boudreaux 32:32.09.

**Oct. 23 – Oakville's Cherokee Trails Invitational hosted by Oakville, Ala. at Oakville Indian Mounds Park, Oakville, Alabama (8,000 meters).** Team: 8th of 9 teams (200 points).  
**Individuals:** (70 runners) 26, Will Kirkikis 28:03.50; 42, Thomas Kinsey 29:17.30; 51, Brennan Gaffney 29:44.00; 57, Christian Boyer 30:16.50; 64, Eric Mooney 31:19.80; 65, Fritz Boudreaux 31:29.90.

**Nov. 6 – SSAC Championships hosted by Mississippi Gulf Coast at Long Beach High School, Gulfport, Mississippi (8,000 meters).** Team: 5th of 10 teams (120 points).  
**Individuals:** (65 runners) 17, Will Kirkikis 27:57.18; 23, Christian Boyer 29:13.21; 29, Thomas Kinsey 29:48.41; 30, Eric Mooney 29:48.73; 38, Brennan Gaffney 30:14.85; 39, Fritz Boudreaux 30:30.03; 40, Sean Christie 30:38.47.

### Women's Results

**Sept. 11 – Radisson Hotel Wolfpack Classic hosted by Loyola University (La.) at Lafreniere Park, Metairie, Louisiana (5,000 meters).** Team: Spring Hill College, 2nd of 8 teams (57 points).  
**Individuals:** (61 runners) 7, Melissa Menendez 21:31.30; 8, Payton Tanner 21:36.90; 16, Ceci Venker 22:54.18; 20, Emily Dolan 23:10.12; 24, Lynn Fritscher 23:33.93; 26, Emily Stewart 23:41.67; 33, Claire Stewart 25:21.38; 34, Rebecca Pol 25:23.97; 35, Kiearstan Carter 25:47.82; 36, Ashley Hill 27:11.44; 37, Anna DeWine 27:17.22.

**Sept. 18 – Azalea City Classic hosted by the University of South Alabama at Gulf Pines in Mobile, Alabama (5,000 meters).** Team: Spring Hill College, 4th of 6 teams (104 points).  
**Individuals:** (50 runners) 9, Kate Imwalle 20:13.33; 20, Payton Tanner 21:27.75; 24, Ceci Venker 23:17.04; 26, Emily Dolan 23:38.98; 28, Kiearstan Carter 24:27.99; 29, Emily Stewart 24:38.03; 30, Anna DeWine 25:32.48; 32, Emily Hill 26:11.20; 33, Claire Stewart 26:33.79; 35, Lynne Fritscher 26:49.37.

**Sept. 25 – Gulf Coast Stampede hosted by the University of West Florida at Escambia Co. Equestrian Center, Pensacola, Florida (5,000 meters).** Team: Spring Hill College, 7th of 10 teams (186 points).  
**Individuals:** (84 runners) 14, Kate Imwalle 19:46.30; 30, Payton Tanner 20:44.50; 39, Emily Dolan 21:23.10; 57, Ceci Venker 23:08.30; 59, Kiearstan Carter 23:51.80; 61, Emily Stewart 23:58.20; 64, Rebecca Pol 24:26.40; 65, Emily Hill 24:51.70; 69, Claire Stewart 25:24.30.

**Oct. 8 – Watson Ford Invitational hosted by Mississippi College at Choctaw Trails, Clinton, Mississippi (6,000 meters).** Team: Spring Hill College, 4th of 10 teams (118 points).  
**Individuals:** (71 runners) 4, Kate Imwalle 24:25.31; 19, Payton Tanner 26:12.93; 22, Melissa Menendez 27:02.78; 43, Rebecca Pol 29:48.68; 47, Emily Dolan 30:14.59; 52, Anna DeWine 32:10.01; 53, Claire Stewart 32:20.44.

**Oct. 23 – Oakville's Cherokee Trails Invitational hosted by Oakville, Ala. at Oakville Indian Mounds Park, Oakville, Alabama (5,000 meters).** Team: 5th of 9 teams (133 points).  
**Individuals:** (73 runners) 7, Kate Imwalle 19:33.80; 19, Payton Tanner 20:18.80; 28, Melissa Menendez 20:51.50; 39, Emily Dolan 21:25.50; 53, Rebecca Pol 23:10.00; 56, Anna DeWine 23:30.50; 60, Kiearstan Carter 24:21.90; 67, Ceci Venker 25:48.70; 72, Claire Stewart 27:04.30.

**Nov. 6 – SSAC Championships hosted by Mississippi Gulf Coast at Long Beach High School, Gulfport, Mississippi (5,000 meters).** Team: 4th of 11 teams (106 points).  
**Individuals:** (77 runners) 8, Kate Imwalle 19:15.69; 15, Payton Tanner 20:22.96; 20, Emily Dolan 20:34.29; 31, Melissa Menendez 21:16.49; 44, Ceci Venker 22:29.61; 47, Anna DeWine 22:56.13; 50, Rebecca Pol 23:17.13; 56, Kiearstan Carter 24:22.23; 60, Emily Stewart 24:45.40.

**Nov. 20 – NAIA National Championships hosted by Cascade Collegiate Conference and Concordia (Ore.) University at Fort Vancouver National Historic Site, Vancouver, Washington (5,000 meters).** Individual: (331 runners) 225, Kate Imwalle 20:23.00.



Brennan Gaffney  
SO.



Thomas Kinsey  
JR.



Will Kirkikis  
SR.



Ben Pace  
JR.



Ben Redman  
FR.



John Russell  
FR.



Claire Stewart  
SO.



Emily Stewart  
SR.



Payton Tanner  
JR.

# WOMEN'S TEAM

## 2011 ROSTER

### MEN

NAME	CLASS	HOMETOWN / PREVIOUS SCHOOL
MICHAEL ANDERSON	FR.	MARIETTA, GA. / LASSITER HIGH
BRANDON ARQUETTE	SR.	GREENVILLE, S.C. / ST. JOSEPH'S CATHOLIC
FRITZ BOUDREAUX III	SO.	PENSACOLA, FLA. / PENSACOLA CATHOLIC HIGH
CHRISTIAN BOYER	SR.	MOBILE, ALA. / MCGILL-TOOLEN CATHOLIC
BEN FLEMING	FR.	METAIRIE, LA. / METAIRIE PARK COUNTRY DAY
JESUS FUENTES	SO.	OPELOUSAS, LA. / OPELOUSAS SENIOR HIGH
BRENNAN GAFFNEY	SO.	ST. LOUIS, MO. / CHRISTIAN BROS. COLLEGE HIGH
THOMAS KINSEY	JR.	FAIRHOPE, ALA. / FAIRHOPE HIGH
CONNER KIRKIKIS	FR.	KENNER, LA. / BROTHER MARTIN HIGH
WILL KIRKIKIS	SR.	KENNER, LA. / BROTHER MARTIN HIGH
BEN PACE	JR.	DALLAS, TEXAS / JESUIT COLLEGE PREP
BEN REDMAN	FR.	SPANISH FORT, ALA. / SPANISH FORT HIGH
JOHN RUSSELL	FR.	CULLMAN, ALA. / ST. BERNARD PREP

### WOMEN

NAME	CLASS	HOMETOWN / PREVIOUS SCHOOL
KIEARSTAN CARTER	JR.	MOBILE, ALA. / MURPHY HIGH
ALEX DAVIS	SR.	ST. LOUIS, MO.
ASHLEY DERENBECKER	SR.	BAY ST. LOUIS, MISS. / OUR LADY ACADEMY
ANNA DEWINE	SO.	CEDARVILLE, OHIO / CEDARVILLE HIGH
EMILY DOLAN	SO.	MOBILE, ALA. / MCGILL-TOOLEN CATHOLIC
KATE IMWALLE	SR.	MOBILE, ALA. / MCGILL-TOOLEN CATHOLIC
MEGHAN KACIC	SR.	TAMPA, FLA. / ACADEMY OF THE HOLY NAMES
DANIELLE PHILLIPS	FR.	HOOVER, ALA. / SPAIN PARK HIGH
KAITLIN SAACKS	FR.	NEW ORLEANS, LA. / CABRINI HIGH
CLAIRE STEWART	SO.	MT. JULIET, TENN. / FATHER RYAN HIGH
EMILY STEWART	SR.	MT. JULIET, TENN. / FATHER RYAN HIGH
PAYTON TANNER	JR.	FAIRHOPE, ALA. / FAIRHOPE HIGH
LAUREN WHITNEY	FR.	KILN, MISS. / HANCOCK HIGH

# 2011 SPRING HILL COLLEGE CROSS COUNTRY



## 2011 SCHEDULE

Date	Event	Location	Start Time
Sept. 10	SHC Badger Brawl	Mobile, Ala.	8:30 a.m.
Sept. 17	Azalea City Classic	Mobile, Ala.	9:55 a.m.
Oct. 1	Gulf Coast Stampede	Pensacola, Fla.	7:30 a.m.
Oct. 7	Watson Ford Invitational	Clinton, Miss.	4:30 p.m.
Oct. 22	Southeastern Classic	Rome, Ga.	10 a.m. (EST)
Nov. 5	SSAC Championships	Clinton, Miss.	TBA
Nov. 19	NAIA National Championships	Vancouver, Wash.	TBA

